

Sadaf® Ready to Serve Dishes

Since 1982
MEDITERRANEAN GOURMET FOODS
Sadaf®

All Natural • Vegetarian

- No Artificial Preservatives
- No Artificial Coloring
- Easy Open Lid
- English & French Title
- Kosher Certified



Item #
30-5192

Item Number	Description	Unit WT.	Quantity/Case	UPC-A	Case Dimensions W x D x H	Case/Pallet Ti x Hi	Case Code
30-5173	Baked Giant Beans	13 oz	12	052851051731	13 x 8 1/4 x 5	15 x 13	10052851051738
30-5187	Fried Eggplants	14 oz	12	052851051878	13 x 8 1/4 x 5	15 x 13	10052851051875
30-5175	Pulp of Grilled Eggplants	14 oz	12	052851051755	13 x 8 1/4 x 5	15 x 13	10052851051752
30-5184	Stuffed Cabbage Leaves	14 oz	12	052851051847	13 x 8 1/4 x 5	15 x 13	10052851051844
30-5185	Stuffed Peppers	14 oz	12	052851051854	13 x 8 1/4 x 5	15 x 13	10052851051851
30-5190	Stuffed Vine Leaves	14 oz	12	052851051908	13 x 8 1/4 x 5	15 x 13	10052851051905
30-5192	Stuffed Vine Leaves	4.4 Lbs	6	052851051922	19 x 12 1/2 x 5	7 x 13	10052851051929



Item # 30-5173



Item # 30-5187



Item # 30-5175



Item # 30-5184



Item # 30-5185



Item # 30-5190

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Item # 30-5173 Baked Giant Beans

Nutrition Facts	
Serving Size: 1/3 Can (120g)	
Servings per Container: about 3	
Amount Per Serving	
Calories 210	Calories from Fat 36
% Daily Value*	
Total Fat 4g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1g	42%
Total Carbohydrate 25g	9%
Dietary Fiber 6g	24%
Sugars 1.5g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 6%	Iron 13%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



INGREDIENTS:
Beans, Tomato paste, Onions, Water, Sunflower Oil, Salt, Sugar, Spices, Citric Acid.

Item # 30-5187 Fried Eggplants

Nutrition Facts	
Serving Size: 1/3 Can (120g)	
Servings per Container about 3	
Amount Per Serving	
Calories 160	Calories from Fat 108
% Daily Value*	
Total Fat 12g	19%
Saturated Fat 4g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 520mg	22%
Total Carbohydrate 12g	4%
Dietary Fiber < 8g	32%
Sugars 7g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



INGREDIENTS:
Eggplants, Tomato Paste, Onions, Sunflower Oil, Salt, Garlic, Spices.

Item # 30-5175 Pulp of Eggplants

Nutrition Facts	
Serving Size: 1/3 Can (120g)	
Servings per Container about 3	
Amount Per Serving	
Calories 25	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 11mg	< 1/2%
Total Carbohydrate 5g	< 2%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 1%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



INGREDIENTS:
Eggplant, Vinegar, Water and Salt.

Item # 30-5184 Stuffed Cabbage Leaves

Nutrition Facts	
Serving Size: (120g)	
Servings per Container about 3	
Amount Per Serving	
Calories 205	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	20%
Total Carbohydrate 23g	8%
Dietary Fiber 4g	17%
Sugars 2g	
Protein 2g	
Vitamin A 11%	Vitamin C 2%
Calcium 3%	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



INGREDIENTS:
Rice, White Cabbage, Onions, Water, Sunflower Oil, Tomato Paste, Salt, Spices, Citric Acid.

Item # 30-5185 Stuffed Peppers

Nutrition Facts	
Serving Size 1/3 Can (120g)	
Servings per Container about 3	
Amount Per Serving	
Calories 150	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat <1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	20%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 2g	
Vitamin A 3%	Vitamin C 40%
Calcium 1%	Iron 24%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



INGREDIENTS:
Bell Peppers, Rice, Onions, Water, Sunflower Oil, Tomato Paste, Salt, Spices, Citric Acid.

Item # 30-5190 Stuffed Vine Leaves

Nutrition Facts	
Serving Size: 5 Pieces (120g)	
Servings per Container about 3	
Amount Per Serving	
Calories 200	Calories from Fat 100
% Daily Value*	
Total Fat 11	17%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 570mg	24%
Total Carbohydrate 23g	8%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 5g	
Vitamin A 4%	Vitamin C 2%
Calcium 3%	Iron 7%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



INGREDIENTS:
Rice, Vine Leaves, Onions, Water, Sunflower Oil, Salt, Spices, Citric Acid.

Item # 30-5192 Stuffed Vine Leaves

Nutrition Facts	
Serving Size: 5 Pieces (120g)	
Servings per Container about 16	
Amount Per Serving	
Calories 200	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 570mg	24%
Total Carbohydrate 23g	8%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 5g	
Vitamin A 4%	Vitamin C 2%
Calcium 3%	Iron 7%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



INGREDIENTS:
Rice, Vine Leaves, Onions, Water, Sunflower Oil, Salt, Spices, Citric Acid.